



## PERSON-CENTRED CARE THEME

### What is it, and what's in it for you?!

#### Background

The Person-centred Care theme aims to support the implementation of evidence based care pathways, innovation and evaluation across health and social care services. The WMAHSN's Person-centred Care manifesto is available [here](#). The manifesto covers:

- **Right care:** meeting needs and preferences, right place, right time, with compassion and respect
- **Holistic:** physical, mental, social, emotional
- **Shared care:** preference sensitive, informed, agreed between person/carer and professional
- **Safe:** benefits and risks inform options and modes of care delivery
- **Co-created:** with public/patient input and feedback
- **Quality improvement:** PCC should drive quality

#### PCC PROJECTS underway:

- **STarT Back** - Roll out of stratified care for low back pain:
  - training available for physiotherapists in matched treatment – free to WMAHSN clinicians;
  - integrated e-STarT Back tool available for EMIS practices enabling auto-referral to physiotherapy
  - website with key tools and materials
- **M PROMS** – MSK Patient Reported Outcome Measure: monitor change in patient outcome and the quality of your MSK services
- **Supported self-management for OA** – patient and professional toolkit for primary care management of OA

Contact Nicki Evans, for further information on any of these projects. [n.evans@keele.ac.uk](mailto:n.evans@keele.ac.uk)

#### Sharing best practice: **PLANNED WORKSHOPS** coming your way!

- Patient Safety Toolkit
- Musculoskeletal Update
- Obesity and Nutrition
- Physical Care of Severely Mentally Ill
- Primary Care Consultations – thinking differently for mental health
- Post Suicide Subvention

Hear updates on the latest evidence based practice. At these free masterclasses get access to change management advice, tools and resources to help you implement best practice.

Do you have quality improvement projects/examples of best practice/innovations that could be shared with partners across the West Midlands? We'd love to hear from you.

Can the PCC theme help you to share best practice? **CONTACT US WITH YOUR IDEAS!**

For further information, or to share ideas for the PCC theme, please contact:

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